

Adolescent Pregnancy Prevention



An Above the Waist Approach

Components

- Education
- Job Club
- Family Life & Sex Education
- Mental Health
- Medical & Dental Services
- Self Expression
- Lifetime Individual Sports



EDUCATION

Tutoring, enrichment activities, homework assistance, and remediation as needed centering on eliminating dropout rates, improving academic performance, and encouraging the pursuit of higher education.

- Minimum of one hour of tutoring, enrichment and/or remediation at least four times per week
- Academic data collected from school
- Academic maintenance activities during the summer
- Project based learning activities.
- Individual Academic Plan (IAP)





EMPLOYMENT/JOB CLUB

Participants learn about the world of work and careers, develop basic work-related skills, principles of banking and savings, and participate in activities, and the elements of entrepreneurship and earning potential. Enhance financial literacy.

- Each participant opens and maintains a savings account and earns a stipend for participation
- Monthly bank trips enhance lessons on banking
- Entrepreneurial activities
- Community Service opportunities
- Career exploration evolves over time





FAMILY LIFE & SEXUALITY EDUCATION

Weekly holistic sexuality education sessions to develop sexual literacy in an age and stage appropriate fashion.

- Weekly age and stage appropriate instruction
- Common sense approach to Abstinence throughout curriculum
- Encouraging young people to talk with their parents about sexuality
- Parent Family Life and Sexuality Education sessions
- Reproductive health counseling and care as needed





MENTAL HEALTH

Weekly socialization groups called Power Group, which focus on group work activities and theme based discussion. The Social Worker engages in short term and crisis intervention with program participants and their families.

- Certified Masters level Social Workers
- Collaboration with Sexuality Educators
- Available year round





COMPREHENSIVE MEDICAL & DENTAL SERVICES

Participants have access to annual, no cost comprehensive medical and dental services.

- Comprehensive Physical & Oral Exams
- Own Primary Health Care Provider
- Health Education
- Specialty Follow-up as needed
- Urgent Care visits
- Support insurance enrollment





SELF-EXPRESSION

Exposure to various creative opportunities that allow young people to express thoughts and feelings related to individual identity, their families, and their communities through artistic expression.

- Music, dance, theatre, acting, fine arts, pottery, collage, painting, & drawing
- Opportunities for project-based activities





LIFETIME INDIVIDUAL SPORTS

Sports that can be played throughout the life cycle.

- It is our belief that the development of self-discipline and impulse control learned in these sports can be transferred to other aspects of daily living.
- Young people learn skills in various lifetime sports such as bowling, golf, squash, tennis, martial arts, horseback riding, fencing and swimming





Some Statistically Significant Research Findings Between the Program Group and the Control Group

- Reduced pregnancies by 50% in communities served
- Program teens delayed the initiation of sexual intercourse
- Program teens used contraception more conscientiously
- Program males and females had higher sexuality information scores
- Program females were more able to resist coercive sexual pressure
- Program teens had more bank accounts
- Program teens have more employment experience over 3 years
- Program teens had higher PSAT scores

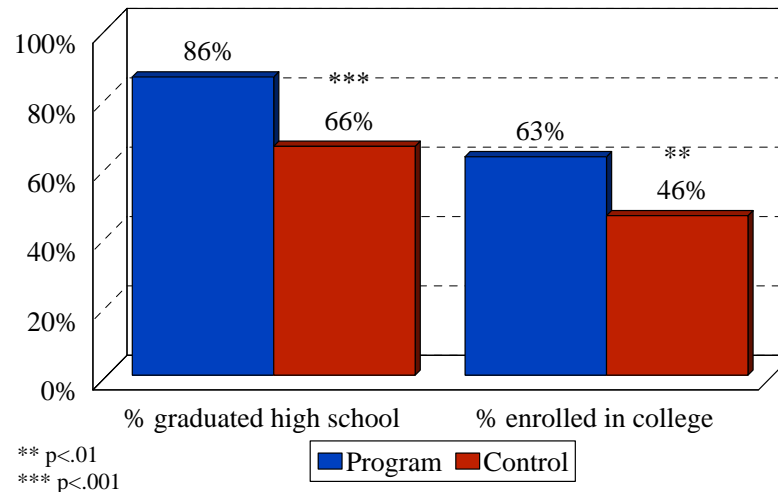




Data from a special follow-up survey of 449 of the 598 program and control teens in the New York Program sites who were eligible to graduate by June 2004 show the following...

- Significantly more of the program students had graduated from high school or obtained a GED, and
- Significantly more were enrolled in college.

Education-Related Outcomes - High School Graduation & College Enrollment



Program Outcomes 2012 -2013 School Year : Mental Health

•In New York City 908 young people had 7,657 contacts with social workers

Typical Issues Discussed
Depressive Disorder
Executive Functions
Learning / Language
Child Abuse/ Neglect
Sexual Abuse
Sexual Assault/ Rape
Thought Disorder
Borderline/ Bipolar Qualities
Anxiety/Phobia
Conduct Problems
Loss
Trauma
Alcohol, Tobacco and Other Drug Use/ Abuse
Family Stressor
Community Stressor
Development Disorder

Program Outcomes 2012 -2013 School Year : FLSE

•In New York City 575 young people had 3,574 contacts with FLSE staff members

Typical Issues Discussed
Contraception
Hygiene
Pregnancy or pregnancy concern, options counseling
Relationships
Sexual Coercion
Male Sexual and Reproductive Health
Female Sexual and Reproductive Health
Sexual Decision-Making and/or Behavior
Sexual Identity (including Orientation)
Self-Image
Puberty-Related
Sexually Transmitted Diseases including HIV/AIDS
FLSE Class or Related Content Review

Program Outcomes

2012 -2013 School Year : Job Club

- 75% of participants at all four schools opened and maintained a bank account***
- All 1,670 participants received Job Club's weekly financial literacy sessions***
- From enrollment to follow up, participants' financial literacy knowledge increased from 43% to 57%***

Program Outcomes

2012 -2013 School Year : Medical & Dental

- ***At UAI, OCS, & Bronx Prep advocates accompanied 300 participants to over 500 medical appointments***
- ***At ASE 184 students made 1,153 clinic visits***
- ***The percentage of participants using the ER as their only source of health care decreased from 18% to 3%***
- ***This year 1,400 participants were screened for glasses:***
 - ***626 received no cost glasses***
 - ***150 received no cost replacement glasses***

Current Replications (National)

State	Participants	Staff
Connecticut	180	15
Delaware	84	13
Florida	52	10
Georgia	173	14
Illinois	111	18
Michigan	154	14
New Jersey	243	28
New Mexico	86	10
New York	2,317	120
Ohio	55	8
Oklahoma	660	30
Washington D.C.	100	5
West Virginia	103	13
Wisconsin	60	10
Total:	4,378	308

